



Preliminary Schedule: GIRLS

Saturday Jan. 2nd

**@ Tournament Sportsplex of Tampa Bay
9330 E Columbus Dr, Tampa, FL 33619**

2:30pm - 5:30pm - Check in / Gear Pick up

2:30pm - 5:30pm - Sports Performance (please proceed to this after you have checked in)

5:45pm - Keynote Speakers

Sunday Jan. 3rd

9:45am - Arrive the Tournament Sportsplex of Tampa Bay

10:15am - 10:30am - Coaches Welcome and Introduction

10:35am - 10:45am - Warm up on fields

10:55am - 11:25am - Skills and Drills Session 1

11:35am - 12:05pm - Skills and Drills Session 2

12:10pm - 12:40pm - Skills and Drills Session 3

12:50pm - 1:20pm - Skills and Drills Session 4

1:30 - 2:00 - Skills and Drills Session 5

2:05pm - 3:05pm - Lunch

3:10pm - 3:30pm - Team Practices

3:30pm - 4:55pm - Showcase Games

5:00pm - 5:20pm - Departing words of Wisdom from coach